

## CONGRATULATIONS! YOU WILL MAKE A FANTASTIC PARENT!

WE UNDERSTAND AS A NEW PARENT YOU HAVE A LOT TO THINK ABOUT. THAT IS WHY WE CREATED THIS NEWBORN CHECKLIST. IT IS VERY IMPORTANT THAT YOU HAVE THE BELOW INFORMATION WHEN YOU ARRIVE AT YOUR FIRST APPOINTMENT.

## **NEWBORN CHECKLIST**

Parent photo I.D and insurance card
Arrive 30 minutes before your appointment and complete your Phreesia questionnaire received via text/email
Hospital/Discharge paperwork which includes the following (hospital newborn screening exam, hearing test and vaccine shot record)
As you welcome a new baby into your family, don't forget to enroll the baby on insurance. Contact your health insurance provider as soon as possible. Most health insurance companies require that your newborn be added to an existing policy within 30 days of birth.

Don't forget to join our "MacArthur Mom Group"

