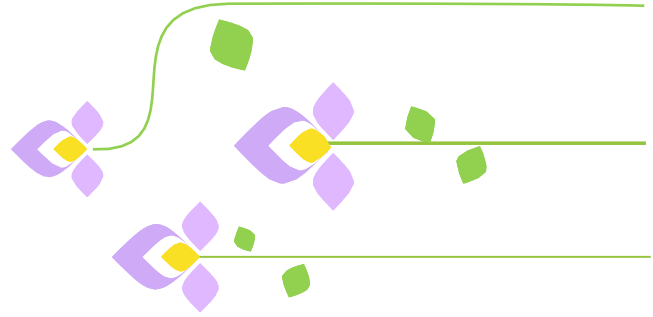


MacArthur
OB/GYN and MIDWIFERY

Birthing Classes

Hosted by Heather Czajkowski, RN



Wondering what child birth will be like? Do you have a busy schedule and need condensed, convenient and fun need-to-know facts about your delivery experience?

Classes are **FREE** to all MacArthur OB/GYN patients! Sign up today! How? Register at check out or email us at childbirth@macarthurmc.com

1. No supplies needed! Just remember to wear comfortable clothes!
2. Spaces are limited!
3. You are welcome to bring 1 partner/labor coach.

Where: MacArthur OBGYN – Main Lobby
3501 N. MacArthur Blvd., Ste 500
Irving, TX 75062

When: 1st and 2nd Tuesday of every month

What Time: From 6:00 p.m. to 8:00 p.m.
(We will send a reminder text/call)

What: A short series of sessions offering key information about your pregnancy, labor and birth.

Who: Classes are designed for pregnant women that are greater than 28 weeks (7 months).

Our series of classes meets the qualifications for a free car seat voucher for patients on Parkland Medicaid.

